

2019-2020



TWINNING PROJECT

EMSA Antwerp

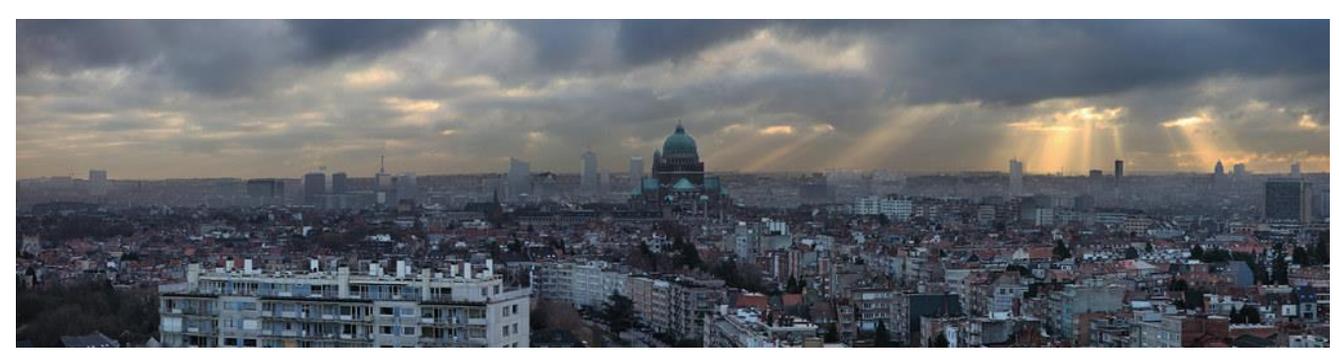
UNIVERSITY OF ANTWERP | INTERNATIONAL@EMSA.BE

Welcome to Belgium

Belgium is an amazing country, filled with culture and beautiful places. Our country may look small but there are many cities to explore: our capital Brussels, the medieval Bruges, Ghent, Antwerp of course, but many others as well.

Our country is divided into three regions: a Dutch speaking region (Flanders), a French speaking one (Wallonia) and a very small German part. In school, we learn to write and speak these languages and English as well. We would gladly show you around!







About Antwerp

Antwerp is one of the major cities of Flanders, the Dutch speaking region of Belgium. It has about 500 000 inhabitants, which makes it also the largest city of Flanders. Antwerp is located near the River Scheldt, linked to the North Sea by the Westerschelde estuary. The Port of Antwerp is one of the biggest in the world, ranking second in Europe and within the top 20 globally.



Antwerp has long been an important city in the Low Countries, both economically and culturally, especially before the Spanish Fury (1576) in the Dutch Revolt. The inhabitants of Antwerp are nicknamed “Sinjoren”, after the Spanish honorific “señor” or French “seigneur”, “lord”, referring to the Spanish noblemen who ruled the city in the 17th century. Today Antwerp is a major trade and cultural center, and is the world's second most multi-cultural city (after Amsterdam), home to 170 nationalities. It is also known as "the diamond capital of the world" for its large diamond district. But people from Antwerp prefer to refer to the city as “ ’t Stad”, which means “the city” in Dutch or as “Koekenstad”, the “city of cookies” because there used to be a lot of cookie bakeries in the past.

University of Antwerp

The University of Antwerp is a major Belgian university. The abbreviation used here is *UAntwerpen*. We are the third largest university in Flanders. The other Flemish universities are the Catholic University of Leuven, Ghent University, the Free University of Brussels and the University of Hasselt. The University of Antwerp undertakes scientific research which is creative and innovative, and strives for international excellence in many different fields. For example, Socio-economic Policy and Organisation, Urban History, Public Policy and Political Science but also in medical fields like Neurosciences, Imaging, Infectious diseases etc.

The university resides more than 20,000 students. All the programmes for the pupils are spread over 9 faculties: Business and Economics, Applied Engineering Sciences, Arts, Design Sciences, Law, Medicine and Health Sciences, Pharmaceutical, Veterinary and Biomedical Sciences, Social Sciences and Sciences. The faculties are located on different campuses all over Antwerp. The faculty of Medicine and Health Sciences is established in the green belt of the city, on a campus called Campus Drie Eiken (“Three Oaks”), together with the faculty of Pharmaceutical, Veterinary and Biomedical Sciences and the faculty of Science. Right next to them, you can find the Antwerp University Hospital, UZA (“Universitair Ziekenhuis Antwerpen”), which is recognised as a Level 1 trauma centre by the German Trauma Society (DGU).



Twining program

Our last exchange was with EMSA Macedonia in Skopje, this was also the first twinning project for EMSA Antwerp. Here you will find a description of some of the things we did together. Keep in mind that this was our first twinning project, so some of the activities will not be part of our next program. We will also try to adjust our planning to your wishes!



Scientific program

Most of our scientific activities will take place at our campus, Campus Drie Eiken. With EMSA Macedonia, we did a very interesting communication training on the subject 'Diversity'! We had a few lectures, given by professors from the University of Antwerp, about the organization of the Health Care system in Belgium, Euthanasia ... There was also a workshop 'taping' where everyone had the opportunity to practice themselves. For our next twinning, we would definitely like to organize a guided tour in some of the departments of our University hospital.

Touristic and social program

We planned a city tour in Antwerp. Not one of those long boring historical city tours with a guide, no, we've created our very own city tour to show you around the famous and not so famous places in Antwerp. We visited Ghent, where we followed a guided tour in the Psychiatric museum. We also visited the beautiful, medieval city of Bruges, and Brussels, the capital of Belgium.



For the foodies, we have a traditional Belgian Sunday breakfast to offer at the home of the host. We will of course let you experience the real Belgian fries (not French!! 😊), at one of the most iconic places in Antwerp. You will be able to taste our delicious Belgian chocolate in a chocolate bar. In the evening, we will also try to serve you traditional Belgian dishes! And of course, no Belgium without beer, so for the daredevils, we can organize a little pubwalk. For the rest of the evenings, we can do loads of other things, like a cultural night, a game night ...

Organisation

Accommodation

Your twin will provide you with a place to stay! If they don't have the space to do so, there will be an alternative arrangement.

Twining coordinators

I am Griet Verboven, I will be part of the organisation of the twinning project. I am 20 years old and will be in my 3rd year of medicine when you come here. There are some points that the Macedonian people gave us which we will work on so you guys will have a very nice time here in Belgium.

Hi you guys! My name is Luna, I am also 20 years old and will be in my second year of medicine when you come here. That makes me quite new to all of this, but therefore I am all the more enthusiastic! I am certain that together with Griet and the other people in our team, we will make sure you have a wonderful, educational and fun week with us here in Belgium!



Love, from Antwerp !

Our last exchange

Review:

Macedonian participant:

“I would like to say thank you to everyone that did their part in the organization, your hard work paid off at the end. I think everybody was really satisfied. As for me personally I really liked most of the activities. Just a few small adjustments that will come along with the experience and I think it would be even better next time. “



